

Lesson Notes:

Living a Christ Centered Life

Professional athletes are largely successful as a result of the skills or techniques they have acquired. Below is a list of techniques we can employ for living a Christ centered Life.

Scriptural Principles for Living a Christ Centered Life

- 1) **We need to acknowledge Christ in our Life.** – Solomon tells us in **Proverbs 3:5-6** that if we trust in Christ he will direct our paths. In **1 Chronicles 28:9** David's advice to Solomon is to serve God with a perfect heart.
- 2) **We need to have the right priorities.**
In **Colossians 1:1-3** Paul tells us that we need to desire the things of God.
In **Haggai 1:1-6** Haggai, a prophet of the Lord admonished the children of Israel for concentrating on their own provisions and not rebuilding the temple of the Lord which they were commissioned to do.
- 3) **Recognize God's Wonderful Grace**
Paul tells us in **1 Corinthians 15:10** that we are what we are through God's grace.
- 4) **We need to remember that God has a Purpose for Our Lives**
Paul tells us in **Romans 8:28** that all things work together for a "purpose" for those committed to God. In **Galatians 1:15-16** Paul tells us that he wasted no time in fulfilling the purpose that Christ had for his life and we are to do the same.
- 5) **We need to recognize that Obedience always brings a blessing**
Jesus tells us in **John 14:23** that our father loves obedience. When Saul disobeyed God and tried to offer a sacrifice to pay for his willful disobedience; Samuel tells Saul in **1 Samuel 15:22** that obedience is better than sacrifice. And **Psalms 37:4-5** tells us that if we "commit our ways" to the Lord and he shall give us the desires of our hearts.
- 6) **What is really important in life.**
Paul tells us in **Philippians 3:12-14, 20** what is truly important in our lives.
- 7) **Remember that trials lie ahead.**
Malachi in **Malachi 3:3** tells us that God refines us like gold and silver so that we may present offerings in righteousness. In **2 Corinthians 4:8-11** Paul talks about the sorrows we will experience as Christians.
- 8) **As followers of Jesus Christ we have 2 missions - Matthew 28:19-20; Colossians 3:12-17**
The first is the Great Commission. The second is living everyday for Jesus Christ.

9) Strive to stay in the Word.

Paul tells us in **2 Timothy 3:16** that the Holy Scripture is the inspired word of God. David tells us in **Psalm 119:11** to hide the word of God in your heart. In **Matthew 4:1-11** Jesus quotes scripture when tempted by Satan. We need to be well grounded in God's word when we are confronted by life's trials.

10) Prayer is important in times of trouble.

In **Luke 18:1-8** Jesus shows us through a parable of the persistent widow the importance of persistent prayer.